



Health & Wellness Advisory Committee

Virtual Meeting – 3:30 pm

April 21, 2022

I. Reports:

- A. District Updates - Michael Byrd, Assistant Superintendent
- B. Food Services - Erin Wilkes, Director of Food Services
 - Quarterly Menu Review - Ark. 6.06.5
 - <https://docs.google.com/document/d/18w8qA9GRU6XcRRuAXwIKHWH4kDM1InXAqnG6KwlyTpc/edit>
- C. Health Services – Vonda Morgan, Director of Nursing
- D. Counseling/Mental Health Services - Emily Taylor, Director of Counseling
- E. School Health Programs – Kelly Spencer, Health & Wellness Coordinator

II. Other Business

- A. Staff Wellness
 - a. Dodgeball
 - b. End of the Year Event
- B. Summer Track Nights
<https://www.cabotschools.org/news/10228/cabot+cruisers+family+track+nights++june+2022>
- C. School Health Index Results - Ark 6.06.1
https://docs.google.com/spreadsheets/d/1DBWxUQkv4Zcy8aB9p6Qxx_Is0jKgMaGOPffx2SAFOhs/edit#gid=824681389
- D. Wellness Requirements 21-22 SY
https://www.cabotschools.org/storage/files/shares/Departments/Health%20&%20Wellness/2021-2022/Wellness_Checklist_21-22.pdf

III. New Business

Next Wellness Committee Meeting - Fall 2021